

Carers Partnership Board
2 pm, Thursday, 18 July 2024

Hybrid Meeting

Probus Village Hall, Amelia Close, Probus, Truro TR2 4NB

or via Microsoft Teams: [Click here to join the meeting](#)

Agenda

	Item	Time	Lead
1	Teams Guidance, Meeting Etiquette (Page 2), Introductions and Apologies	2:00–2:10	Chair
2	Minutes of the Meeting Held on 25th April 2024 (Pages 3–23), Actions and Matters Arising	2:10–2:15	Chair
3	Healthier Together – Prevention Booklets (Pages 24–25)	2:15–2:30	Lucy Tuson, Director of Engagement and Communications, ICB
4	Hearing Families Short Film	2:30–3:00	TBC
10 minute break			
5	Bereavement service for Cornwall	3:10–3:25	Paula Chappell, Public Health
6	Update on the Informal Carers Support Service (report to follow)	3:25–3:55	Jayne Price, CRCC
7	Any Other Business	3:55–4:00	All

Item 1

Teams Guidance

Please prepare by reading the papers sent out for the meeting.

When joining the meeting, you will be placed in “the waiting room”. Healthwatch Cornwall will then accept you to join the meeting. Your camera and audio will already be on.

Mute yourself when you are not speaking so that there is no noise in the background.

Use the chat box for any comments or questions you have. Everybody will see them unless you choose to share privately.

Please use the ‘raise hand’ function when you wish to speak.

You will be asked to unmute when it is your turn to comment.

If you need to temporarily leave the meeting, please turn off your audio and camera.

Presentations will be shared on the screen.

Meeting Etiquette

All members are expected to participate constructively in line with agenda items whilst being respectful of the views of all members.

All members of the Carers Partnership Board have the right to meet in a safe atmosphere where all voices are respected and can be heard equally.

The current Board’s Terms of Reference includes the following.

In order to allow the Carers Partnership Board meetings to be conducted efficiently and with decorum, Members of the Board will:

- *Work in partnership with each other, listening to and respecting each other’s views*
- *Undertake to represent all the Carers in their Forum Areas*
- *Indicate they wish to make representation through the Chair*
- *Not single out individual Members for scrutiny or challenge*
- *Not interrupt and be guided by the Chair*
- *Respect confidentiality and privacy*
- *Keep to the agenda*
- *Represent the strategic needs of carers and not bring to the meeting concerns from individual carers*

Healthwatch Cornwall operates a Zero Tolerance policy on Bullying and Harassment. This applies to both face to face and online meetings.

MEETING NOTES:	Carers Partnership Board
DATE:	25 th April 2024
LOCATION:	Microsoft Teams

ATTENDANCE

Name	Position	Organisation
Sandra Ward (SW) (Co-Chair in the Chair)	Parent Carer of lady with complex self-needs and autism, sandwich carer of four elderly parents & Director	Parent Carers Cornwall
John Bastin (JB) (Co-Chair)	Cornwall Councillor and Chair of Health and Adult Social Care Overview and Scrutiny Committee	Cornwall Council
Mike Hooper (MH)	Partnership Boards Coordinator	Healthwatch Cornwall
Robert O'Leary (RO)	Partnership Boards Lived Experience Officer	Healthwatch Cornwall
Amanda Wilton (AW)	Derriford Patient Council & Carer for an adult with profound and multiple Learning Disabilities Parent Carer	University Hospitals Plymouth NHS Trust
Ben Seamarks (BS)	Strategic Commissioning Lead	Cornwall Council
Beccy Summers (BSu)	Research Associate, PenARC Patient and Public Involvement and Engagement Team	University of Exeter
Chris Watkin (CW)	Project Lead	Cornwall Carers Service
Gayle Andrews (GA)	Team Lead for Cornwall	FILo project
Jayne Price (JP)	Contract Lead for the Carers Service	Cornwall Rural Community Charity
Kaddy Thomas (KT)	Parent Carer	Elijah's Hope
Kate Alcock	Head of Commissioning Older people and Carers	Cornwall Council Social Care
Kirsty Dexter (KD)	Network Coordinator – Cornwall Memory Café	Disability Cornwall
Lynda Berry (LB)	Carer and Director	Constantine Carers Group and Cornwall Partners in Policy Making
Megan Nicholls (MN)	Patient Engagement Coordinator	Royal Cornwall Hospitals NHS Trust
Sally Mollard (SM)		
Wendy Gauntlett (WG)	Ex-carer and support for carers	Penzance Carers Group, Penzance Carers Forum and Adult Safeguarding Board
Zoe Locke (ZL)	Head of Patient Experience and Carers Lead	Cornwall NHS Foundation Trust

APOLOGIES

Name	Position	Organisation
Alison Short	Advocacy Coordinator, Cornwall and the Isles of Scilly	The Advocacy People
Bernie DeLord	Director	Promas Caring for People CIC
Jenny Tarvit	Promas Caring for People CIC	Director
Neil Lindsay		Bodmin & Wadebridge Carers Groups

ACTION LOG

Meeting	ACTIONS CARRIED FORWARD	RESPONSIBLE	STATUS
25/04/24	Development of a Partnership Compact	KA	To be scheduled.
25/04/24	Results of the National Carers Survey	BS	To be scheduled.
25/04/24 20/07/23 04/05/23	Outcomes of the review of the Carers Service and alternatives for Carers Forums. Also, Carers Voices Partnership – how it will link with the Board.	KA / BS / ZL	See pages 5-6 for discussion. Updates as progress is made.
25/01/24	Bereavement Planning and Support for Parent Carers	SW / PB Team	SW provided an update 25/04/24. Public Health agenda item scheduled for 18/07/24.
25/01/24	Making the Board as Effective as Possible	PB Team	A survey was circulated in June. The Board is requested to agree that a Workplan be formed from that and Board decisions by the Co-Chairs, PB Team and Commissioners. To be circulated for comment via email.
25/01/24	Review of Overnight Respite Provision for Working Age Adults	JM / BS	Updates as appropriate.
20/07/23	GP identification of carers.	TBC	New contact required following Claire Martin leaving post.
04/05/23 26/01/23	Continuing Healthcare group updates.	PH / JP	Updates as appropriate.

Meeting	ACTIONS CARRIED FORWARD	RESPONSIBLE	STATUS
04/05/23 11/08/22	Update on Day Opportunities	EB	Update to be received following 12 months of implementation.
11/08/22	Update on sharing of patient information across IT systems.	KH / JB	Updates as appropriate.

	Item	Action
1	Teams Guidance and Meeting Etiquette/Apologies received	
	<p>SW welcomed everyone to the meeting and asked that members online use the 'raise hand' function if they wished to speak. Use of the chat function was encouraged in order to allow the meeting to flow.</p> <p>Expectations with regard to meeting etiquette were detailed on page 3 of the agenda.</p> <p>There were "round table" introductions and SW read out apologies received, as detailed above.</p>	
2	Minutes of the Meeting held on 24th January 2024, Actions and Matters Arising Actions from Previous Meetings	
	<p>The Chair proposed that the minutes of the previous meeting be confirmed as a true record. The Board agreed that the minutes were a true record.</p> <p>The Chair shared updates on actions from previous meetings:</p> <ul style="list-style-type: none"> • Making the Board as Effective as Possible. A survey will be conducted in due course, there is currently work underway to revise the specifications of the Partnership Boards – report to be scheduled for the next meeting. • Review of Overnight Respite Provision for Working Age Adults – BS reported that no update had been received. • GP identification of Carers – SW would again contact Claire Martin for an update. • Identify upward reporting structure and opportunities for Carers Forums or a replacement version. <p>KA and BS confirmed there was still a pot of money available. Work had been undertaken around the reprofiling of how money is spent and where it comes from, with the main changes being:</p> <ul style="list-style-type: none"> • Carers that have had an Assessment also have a proactive review. • Making dedicated respite beds available. These will differ from the usual type to make them more direct access. The work had 	

	<p>been undertaken with the Carers Service and Cornwallis Care Services and it was hoped that it could be progressed into a longer term service.</p> <ul style="list-style-type: none"> • Making funding available for Carers' Voice. That could allow conversations to be facilitated within communities in different ways. That could be through the Admiral Nurses, Dementia Cafes or other existing forums <p>The meeting at which funding could be agreed is next Tuesday so updates on the plan of action should be available soon.</p> <p>ZL reached out to SM regarding the Carers Voices Partnership. Unlike active forums, the purpose will be for feedback received through, for example, the Carers Partnership Board or engagement groups, will be escalated through CPFT with a view to identifying what can be done to address the issues. KA invited ZL to meet with her and others from across the system to discuss potential collaboration.</p> <p>RO suggested that linking through the Memory Café network may be the best option to facilitate collaborative working across the system. KD confirmed there are seven Carers Groups associated with the Memory Café Network and they welcomed such conversations. KA suggested creating a Working Group to facilitate this work.</p> <ul style="list-style-type: none"> • Continuing Healthcare group – No update available. • Day Opportunities – This report was circulated to the Board on 24th January 2024. • Update on sharing of patient information across IT systems. At its last meeting the Board had received a comprehensive update from Kelvyn Hipperson at the last meeting. JB informed the Board that there were no current updates, the work is still progressing with a focus on Derriford Hospital. <p>There were no matters arising.</p>	<p>Update to be shared with PB Team for circulation and future consideration</p>
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3	Updates from the Co-Chairs	
	<p>Sandra Ward</p> <p>A new Parent Carers Cornwall (PCC) leaflet is available, as circulated to the Board.</p> <p>PCC is changing the way it works. It is no longer the official parent carer forum for Cornwall, having stepped back in March after over 18 years. Much hard work had been undertaken to get new parent carers to take over the forum but it had proved very difficult. Getting people involved in such work is a national problem, especially with regard to carers of people aged up to 25 years old.</p> <p>Whilst the forums have gone, PCC will continue as a Community Interest Company and it will continue to provide advice and support for parent carers of children and young people with SEND, so their huge experience will still be there for people to benefit from. It will continue to offer activities and for parent carers, such as coffee mornings, as well as advice and guidance on applications for DLA and PIP. One of the most important things for the roughly 2500 members will be that it will continue to run its Facebook page, including the safe space offered by the closed group.</p> <p>With regard to the forum, an issue that future providers could find is the strict guidelines that come with funding, for example, not being allowed to campaign for causes. On the flip side, PCC is now able to campaign, should it choose to.</p> <p>Parent Carers Cornwall remain extremely busy, in March there is the next main information event at the Eden Project, with over 20 service providers attending.</p> <p>The Hearing Families film had been screened in February to an invited audience.</p> <p>The film came about after two families lost their sons in very difficult circumstances without adequate support from across the sectors. The two mothers wanted to raise awareness of their experiences through their bereavement, encouraging professionals to recognise how easy it may be to misjudge support needs and negatively influence the support that is provided.</p> <p>Key themes that were discussed following the showing were:</p>	

- The need for family to family support and advocacy;
- Paid independent Expert Navigators are needed to support families for the duration on their journeys and not just task specific.
- Tangible investment in leadership- future leaders with lived experience.
- Understand and implement true co production, not just tokenism, in producing policies and plans for loved ones.

There is a lot of national interest in using the film to inspire a movement. Organisations such as:

- The British Institute for Learning Disabilities;
- REPSOND;
- Royal College of Nursing;
- Learning Disabilities & Autism Programme for NHS England-Southwest.

All are supporting and driving this campaign.

MH informed the Board that members of the Learning Disabilities Partnership Board, have requested that the film be made available to members of the public or shared within groups that may not yet seen it.

SW responded that the Parents who made the film control who has access to view it. As and when they are comfortable to share it with wider communities the Board will be updated accordingly.

MH told the Board about a Parent Carers Cornwall event held that week. It was intended to be a thank you from them everyone that they had worked with them over the years. It actually provided an opportunity for the attendees to express their thanks and praise for the great work that Parents Carers Cornwall have undertaken, it has clearly been very much appreciated by all.

Councillor John Bastin

JB informed the Board that the July Health and Adult Social Care Overview and Scrutiny Committee would be considering dentistry. meeting the main topic will be children's dentistry. He invited any feedback on dentistry or related issues to be sent to partnershipboards@healthwatchcornwall.co.uk so he could feed it into discussions and ensure that carers' concerns are highlighted.

	<p>SW agreed adding that it is highly unlikely that carers would have seen a dentist in the last three years.</p> <p>RO added that there was a Department of Health & Social Care recovery plan released in February 2024 to reform the access to dental treatment you can read the Government Policy Paper here. Having higher numbers of Dental Practice Vans was an early solution identified for Cornwall but recently this intervention appears to have been revised in favour of a pop-up style approach to dental services. Confirmation of provision in the County is yet to be received.</p> <p>JP added that being a carer for many years whilst working full time, prioritising often results in difficulty finding time to go to the dentist even if access is available. The important factor is how to make services effectively accessible for carers, such as different times of the day and protected time for carers to attend, which can make a real difference to individual's lives.</p> <p>SW added that money is a very real problems for people who cannot access an NHS dentist, many are on benefits and paying bills so day to day needs are prioritised.</p> <p>RO agreed and added that provision also needs to reach those who are homeless and marginalised by their circumstances.</p> <p>RO provided feedback on a personal experience of accessing emergency dental services. The waiting time on the telephone alone would not have been manageable for many carers. To then reach an advisor, approximately fifty minutes later, informing people that there were no allocated slots left for the day. This could have been an automated message and saved people a lot of time. Many recommendations have been around time management that could be easily implemented.</p> <p>LB added Treiske hospital have their own very efficient dental department for inpatients but she isn't sure who else services are open to.</p>	
4	Updates from Members	
	<p>KA informed the Board that BS has recently undertaken work with members of the Partnership Board and other carers to identify if Cornwall Council is achieving the outcomes set out in the Carers Strategy. Some areas that could be improved had been identified.</p>	

	<p>An early draft of the National Survey for Carers has been received. It shows some significant improvements in the support carers are accessing and how they feel about the support in Cornwall, however there is a lot more to do.</p> <p>One of the points raised from the review suggests having a Partnership Compact sitting across the system to focus on priority reform. That would include carers, those receiving care and professionals working together to identify individual needs and how people should be treated, along with identifying training for professionals. The Carers Partnership Board will be involved in its development.</p> <p>SW commented that it is important to keep staff up to date and provided an example of advice provided in email by a Cornwall Council Direct Payment team member. The advice was out of date due to recent changes to living and minimum wage increases. While SW knew, many people wouldn't and would lose out financially. KA undertook to feed the example back to the Direct Payments team.</p> <p>MH shared the following update from Promas CIC in the meeting chat.</p> <p>Our health lottery has now finished but we have secured free monthly activities for unpaid carers one per month covering all of Cornwall see our website for details.</p> <p>We are running many new courses this year from yoga to sleep with many others . Some are already fully booked but still places on a few again see our website or contact us for details.</p> <p>We have funding to run courses for dementia carers plus have their cared for being able to take part in cognitive stimulation exercises with Memory Matters in the next room,</p> <p>Next courses are in Hayle, Truro, Liskeard and Porthscatho with another one being planned for St Austell area. Places on these are limited so please email us or call us for details . It is great to have this funding so we want to fill all of the places as it is something carers have said they need and want. The first course was run at St Erme excellent evaluation and feedback was received.</p> <p>We are continuing to run our telephone training for those who</p>	<p>Update and CPB involvement</p>
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	cannot/ do not want to attend face to face as well as our online courses and our telephone mentoring and guidance course. All of our courses and activities are on our website or call us for information or an application form . Applications can also be made via our website.	
5	<p>(Change to order of agenda)</p> <p>PenARC Patient and Public Involvement and Engagement</p>	
	<p>BSu greeted the Board and shared a presentation on the Applied Research Collaboration South West Peninsula – Working together: Involvement in Research.</p> <p>To summarise:</p> <ul style="list-style-type: none"> • BS has an adult nursing background. • PenARC Aim to Improve the lives of people throughout the South West by working across the board on research to meet the needs of the population and improve the care for those with complex, long-term and mental health conditions. <p>Two of examples of current studies are:</p> <p>The PROTECT Study: A large online project to understand how healthy brains age and why people develop dementia. It is already known that the dementia risk can reduce by 1/3 if lifestyle changes are made in middle age. The study will provide valuable information regarding:</p> <ul style="list-style-type: none"> • How brains change when we age • What combination of factors have the biggest impact • The best ways to encourage people to adopt the lifestyle changes that will reduce the risk. <p>Questionnaires regarding health & lifestyle and brain training exercises are completed by participants.</p> <p>The SPHERE Project is aiming to address the challenges of the co ordination and continuity of care for older people with multiple long-term conditions, and children with complex needs. Specifically focusing on those living in rural and coastal areas.</p> <p>Working with patients and carers to understand the challenges they face in accessing and coordinating care throughout their</p>	

	<p>journeys, identifying what matters to them with a view to developing services to better meet their needs.</p> <p>The important factor is that patients and carers are working alongside the researchers to determine the focus for the project.</p> <p>There are many opportunities for involvement in research, aiming to work with a wider range of people cared for and carers, we would encourage as many people as possible to get involved and those interested can contact BSu – please email r.l.summers@exeter.ac.uk or please let RO or MH know if a face to face conversation or telephone call is preferred.</p> <p>KT added would like to get involved pleas. KT informed the Board that she hoped to achieve funding for research around therapeutic options and solutions to help people with burn out for example.</p> <p>SW added that Cornwall Intellectual Disabilities Research may well be a good contact for involvement, they undertake a lot of very useful and relevant research for people. A recent event was held with some very interesting projects and speakers. SW would encourage people to get involved in research.</p> <p>MH added that there are clear overlaps with the work of the Partnership Boards and the University, it is good to have BSu involved, making the information relevant to the various Boards.</p> <p>Moving forward, the aim is to involve people in the productive work in between the Board meetings to drive projects forward for real change. RO as the Lived Experience Engagement Officer for Healthwatch Cornwall will be leading on coordinating other local projects that, Beccy may not be aware of, that fit with the Board's current work and may well interlink.</p> <p>RO added that there is a need for local research specific to Cornwall as well as the National and across boarder work.</p> <p>RO also asked BSu if PenARC have involvement with the Dementia Partnership Board. BSu responded that PenARC are not linking with the Dementia Partnership Board at present, however, it may be of interest to a colleague who is focused on involvement in a current Dementia Programme. BSu requested the information to feedback accordingly.</p>	
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	<p>RO added that the next Ageing Well Partnership Board (formerly Older People) meeting will be held on the 16th May and Dr Aison Hibbert who is working with the Dementia Care Teams will be attending and it would be good to link up.</p> <p>Many members shared contact details with BSu through the chat function.</p>	
6	<p>(Change to order of agenda)</p> <p>The Filo Project (Page 39-46)</p>	
	<p>GA greeted the Board and shared a presentation on the FILO Project – Collaborative Care</p> <p>GA informed the Board that the FILO Project is a Community Interest Company (CIC) that specialise in small bespoke day care for older people, experiencing memory issues, for those with or without a diagnosis of Dementia, often experiencing isolation issues.</p> <p>Running for around 10 years, FILO started in Somerset and Devon in the Southwest and are now moving into Cornwall in the Launceston, Bude areas, expanding down into Looe and Falmouth, recently employing more FILO Project staff members to be working in the Southwest of Cornwall such as Penzance and Truro, as demand indicates.</p> <p>The FILO Project employ hosts to provide a day care service between the hours of 10am and 4pm within their own homes, collecting clients who then spend the day on activities in a small group of up to four people and returning them to their own homes at the end of the day.</p> <p>Currently there are approximately 100 groups running each week throughout Devon, Somerset, East Lancashire and Cornwall. There are a large selection of employees; management teams, client assessors and hosts that are involved in the running of the groups on a daily basis.</p> <p>Activities are driven by the clients and can include:</p> <ul style="list-style-type: none"> • Crafts • Baking • The host preparing a 2 course lunch – a very important time of 	

	<p>the day</p> <ul style="list-style-type: none"> • General socialising and chatting • Risk assessments for access to and from the hosts' homes are completed to identify: • Ground floor toilet facilities • Ground floor access with minimal steps to the property, Reasonable adaptations can be arranged to support these features. <p>Full driving licenses and full DBS checks must be in place and training undertaken prior to becoming a host.</p> <p>The FILO Project have Public Liability Insurance and the hosts are encouraged to update their cover on their own property insurance. Clients need to be independent with their mobility and toileting needs, which can be including aids and adaptations.</p> <p>Carers of the clients are offered access to the FILO family support service which is a small, dedicated team offering a confidential telephone support system, carers often take the opportunity on the days the clients attend the hosts days to chat without limits to frequency or amount of calls. Signposting and helping them with some of the issues arising.</p> <p>Spot contracts are held within each of the Counties involved, the Cornwall contract is currently pending, funding will be agreed in due course through Social Services.</p> <p>Direct payments or private funding is currently accepted. For private funding clients the current cost is £16.65 per hour, including; transport, lunch and day care. The cost may vary if funding is provided from Local Authorities or Direct Payments.</p> <p>Referrals can be made through a simple form on the FILO project website and can be emailed over to info@thefiloproject.co.uk or telephone contact on 0333 939 8225. Monday to Friday</p> <p>KA requested contact with GA outside of the Board meeting to understand the stage the contract for Cornwall has reached and linking on future work.</p> <p>JP offered support where The FILO Project are currently working with carers and added that it would be a good opportunity to share information or leaflets through the Carers Support Service, and offered to meet with GA, outside of the Board meeting, to discuss</p>	
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	<p>options further.</p> <p>GA agreed and thanked the offers of support.</p> <p>LB expressed interest in the activity element of the FILO Project and informed the Board that the Constantine Dementia Carers Group are currently setting up a Potagers a local gardening activity group for those with Dementia, that have also been seeking funding to understand and meet the needs of those being cared for and their carers.</p> <p>JB confirmed that money has been allocated for the feasibility study of the Potagers Activity Group.</p> <p>WG found the FILO Project presentation very interesting and asked if this could be presented to other groups. GA agreed and contact details provided.</p> <p>RO enquired that if 'in person' presentations proved difficult if technology allowed would an online presentation be acceptable. JP offered to support this if acceptable.</p> <p>SW thanked GA for her presentation and added that it is very interesting and inspiring, especially with the isolation logistics that rural and coastal Cornwall can create.</p>	
7	Update on the Informal Carers Support Service	
	<p>JP thanked the Chair and greeted the Board.</p> <p>The Carers Assessment Backlog Report that captured the learning from the work undertaken by the Cornwall Carers Service was shared prior to the meeting. [Link to slides to be added]</p> <p>JP asked if the Board had any questions regarding the report. KA asked if the information had already been shared on the backlog work completed. JP responded that yes, this was shared.</p> <p>JP shared the Report slides.</p> <p>The work undertaken in clearing the backlog of Carers needs assessments and involved a whole system approach in the learning. Engaging with all partners to understand the existing</p>	

<p>approach to assessments. Looking at:</p> <ul style="list-style-type: none"> • Identifying the best support offer for Carers • Ways to help Carers in Cornwall connect to the right support • Be confident in how to access the support such as; short breaks and respite • Investigating the profile of Carers in Cornwall, providing very important insight for the service to better understand what is required to meet their support needs. <p>An infographic of significant percentages from the Carers profile investigation was shared that showed:</p> <ul style="list-style-type: none"> • Carers from LGBTQ Communities make up 33% of the Carers in Cornwall • 15% are transition age Carers (from 18 -25 yrs) Caring for 35+ hours or more and experiencing extreme poverty. • Financial hardship is identified for 75% of Carers, which alerted the Cornwall Carers Service to ensure that all financial support available is accessed accordingly for people in need, especially where the ability to maximise income is restricted e.g. unpaid Carers and flexible working for employed Carers. • Male Carers make up 39.5% of the Carers in Cornwall • 38% of Carers are of working age and in employment • 35% are Parent Carers of children with a disability or a parent with frailty or multiple long-term conditions. <p>The work provided the opportunity to take notice of the Carer groups and understand their wants and needs. It allowed the Cornwall Carers Service to review and update their provision and offering to be more inclusive and align with evidenced and recommended best practice.</p> <p>The plan Cornwall Carers Support plan for 2024/25 following on from the Learning is to:</p> <ul style="list-style-type: none"> • Increase the number of awareness events • Provide more training opportunities • Strengthen links to the wider offer of support within our Communities • Anticipate involvement in the delivery of further Household Support Funding for Carers • Further develop the support for transition age Carers and their access to higher education. • Creating a specific programme of support for those who have
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	<p>multiple Caring roles</p> <ul style="list-style-type: none"> • Bespoke support for Parent Carers <p>The aim is for Carers to have personalised outcomes to improve wellbeing. Increased engagement building on the awareness that can help change culture and practice to acknowledge and support Carers.</p> <p>The Carers Support contact details were shared: Tel: 01736 756655 hello@carersadvice.org.uk www.cornwallcarers.org.uk www.kernowyoungcarers.org.uk</p> <p>KA thanked JP and requested a copy of the report and further discussion to identify elements to include in the Carers Review.</p> <p>KA added that it was good to hear that the Cornwall Carers Service and Cornwall Council work on reviewing Carers support in Cornwall is consistent and aligned, aiming to understand and meet their needs in terms of access to work or the right benefits, helping Carers to recognise they have a strong voice and to be heard. Ensuring Carers have a right to life of their own alongside their Caring responsibilities.</p> <p>Following on from those aligned pieces of work, the Cornwall Health and Social Care system now need to listen and ensure that the plans in place are robust enough to help meet Carers needs and drive the action forward.</p> <p>RO asked in relation to the percentages shared from the profile investigation, how many Carers were involved? JP responded that the cohort of Carers were all awaiting Carer Needs Assessments who were supported by the Cornwall Carers Service for the duration of the assessment and amounted to approximately two thousand Carers, that then provided the percentages. RO added that the percentage of male Carers was unexpectedly high, as well as the amount of Carers with multiple Caring roles, which feeds into the identified need for access to respite.</p> <p>JP agreed and added that interestingly in Cornwall compared to the national view, there are a disproportionate number of male Carers that have identified themselves as Carers and have requested a Carer Needs Assessment which is encouraging that within our Communities we have male Carers actively seeking</p>	
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	<p>support, the next important steps are to improve on the offers and provision in Cornwall to meet their needs. Better vital engagement with Carers to identify what will make a difference to them and provide the relevant support within our existing resources.</p> <p>RO agreed and added that there are also many unidentified Carers within our Communities. JP agreed and added that its known that 20% of the national numbers of Carers within our population are known to services, which leaves another 80% of Carers not accessing support, a key driver to do more in relation to Carer identification.</p> <p>LB added that with the local Constantine Carers group you often find that male there are only a couple of male Carers that access the group support, the local GP practices could signpost male and other carers much more to their local groups. From experience LB added that often if wives have dementia husbands don't see themselves as Carers and local group support is vitally important. JP agreed and added that LB is a good advocate for local Carers support Groups. WG agreed and added that there are a couple of male Carer involved in their local Penzance Carers group and in touch regularly.</p> <p>WG requested a copy of the leaflet for the event and in the interest of reaching out to Carers informed the Board of an event to be held in Penzance on Monday 27th May 2024, the Day Centres are organising free cream teas. The Penzance Carers group will be attending with a stand to promote the Carers Group and engage with the community to raise awareness.</p> <p>A coffee morning will be held at the beginning of May will also help to raise awareness and support new members to the Carers Group.</p> <p>JP agreed and thanked WG and the Penzance Carers Group for the consistently great work in reaching out and supporting Carers in their area.</p> <p>JP added that there is a leaflet available for anyone interested in attending the event in Penzance.</p> <p>WG thanked RO for his attendance at the last Penzance Carers Group meeting and added that the whole group were very appreciative and impressed with the information provided and invited RO again to a future meeting.</p>	
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	<p>RO thanked WG adding that it was a very enjoyable meeting and RO will contact LB to attend a Constantine Carers Group Meeting in the near future. The aim is to link into as many Carers Group as possible.</p> <p>JP requested that MH circulate the slides that explain in detail Andi Tech enables care, this is the collaborative work with Corserv conducting a trial that offers a 12 week opportunity for people to use the technology.</p> <p>This is a device worn by the person who receives the care, and a hub device that collects and transmits data regarding the activities of those being cared for and can detect changes to usual movement habits and falls. It also identifies things like ambient temperature of the room and generally how the person being cared for is on a day to day basis.</p> <p>After 12 weeks those who have trailed the technology can decide if it works for them and realise the benefits. There is a referral process directly to Corsev or the Cornwall Carers Service.</p> <p>Please contact JP if they would like to understand more about the trial and its potential benefits and encourage people to get in touch if they would like to be referred for the trial. There are a limited number of hubs and devices available, and the Cornwall Carers Service are keen to promote the opportunity for people who may benefit.</p> <p>KA added that in support of the trial this appears to be the first piece of technology that could make a real proactive difference to people's lives by helping the Carers to identify changes early and prevent a potential crisis and avoidable admissions to hospital. The more Health and Care partners and system leaders are aware of this trial the better the uptake and realised benefits for Carers and the people they care for.</p> <p>RO added that the trial is a positive in providing preventative measures and evaluation and follow up information would be welcomed at future Board meetings to understand the success.</p> <p>JP agreed and added that there are case studies available to read online, showing some success stories where the Andi hub technology has been used in other areas, and JP will request feedback from Sarah Wickets on how the trial is working, to perhaps share some more local case studies.</p>	
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	<p>WG enquired about potential events planned for Carers week and requested more information.</p> <p>JP responded that there are several activities planned for Carers Week from 6th–12th June this year via donated funding. There will be a whole programme that will be shared with the Board. Activities will be held in the West and North & East Cornwall and the main event, which is planned to be held in Truro Cathedral, will be focusing on Carer information, advice and guidance, opportunities for people to talk about their Caring role, there will be information and talks on understanding Mental Capacity and what it means for Carers and Lasting Power of Attorney, and information on other challenging topics, refreshments will also be available and JHP encouraged attendance.</p>	
8	Any Other Business	
	<p>SW called for any other business.</p> <p>SW wished to promote and recommend the Blue Light Day on 3rd July 2024, which has been running for a few years now, it is an event held by the Emergency Services in Cornwall at the Wadebridge Show Ground, in the Cattle Shed. It focuses on people with learning disabilities and Autism and is the most inspirational day that is extremely well attended.</p> <p>KA Informed the Board that there is co design work underway to reorganisation the Partnership Boards as part of the recommissioning to deliver the Councils Healthwatch Core and Partnership Board functions. The work is looking at the specifications of the functions.</p> <p>The aim is to ensure that the five Partnership Boards, to include a new Mental Health Partnership Board, have a consistent approach in Cornwall, considering all the learning from recent reviews of the last five year contract for Healthwatch Cornwall and Healthwatch England information and advice.</p> <p>The most important outcome is that the Partnership Boards work for the members and those people who will benefit from the work. In terms of the Carers Partnership Board, the work will be identifying the specific needs and support required that is relevant to its success.</p>	

	<p>RO added that it is essential that the review of all the Partnership Boards involves people with lived experience. On 16th May 2024 there will be the first meeting as part of the redesign of the Older Persons Partnership Board redesigning and renamed the Aging Well Partnership Board. The redesign is shaping up well.</p> <p>The Chair thanked everyone for attending, their input and for the presentations given and closed the meeting.</p>	
9	Next meeting	
	<p>Hybrid Meeting: 2pm on Thursday, 18th July 2024. Venue to be confirmed. Also on Microsoft Teams.</p>	

Item 3

Healthier Together

NHS Cornwall and Isles of Scilly working together with lots of local organisations are running a new health and wellbeing campaign called 'Healthier Together' providing advice and information about how you can make small changes in your daily life that will have a big impact on your future health and wellbeing.

Health and wellbeing booklets

Two health and wellbeing booklets are being created and we'd like to test the content and use of the booklets with a variety of different people to see if they are useful and what could be improved to make them better. Over August and September we are sharing the booklets and using them in our work, we'd love to get your views on them so we can make sure they are a useful resource before we make them more widely available.

Come along to our free Summer Wellbeing festivals

HEALTH CHECK **FREE EVENTS**

SUMMER of WELLBEING Festivals 2024

Our wellbeing festivals are happening across Cornwall this summer. Why not attend one close to you?

1 Redruth Rugby Club and CN4C at The Elms Saturday 3 August	5 Town Hall, Launceston Saturday 17 August
2 Park House Centre, Bude Saturday 3 August	6 Hayle Recreation Ground Saturday 14 September
3 Humphry Davy School and Treliya, Penzance Friday 9 August	7 Basset Centre, Camborne Saturday 14 September
4 Poltair Park and CN4C at The One and All Bank, St Austell Saturday 17 August	8 Newquay Orchard Saturday 21 September

Enjoy free activities and try new things

Find out about local wellbeing support

Health checks and advice from the NHS

Fun for all ages!

NHS Cornwall and Isles of Scilly Healthy Cornwall Cornwall Neighbourhood for Change CHAOS

Scan to find out more and sign up to be kept informed on latest news and events happening near you!

As part of our campaign, we're running free Summer Wellbeing Festivals over the summer, so why not attend one happening close to you:

- **Redruth Rugby Club and Elms**
Saturday 3 August
- **Park House Centre, Bude**
Saturday 3 August
- **Humphrey Davy School & Trelya, Penzance**
Friday 9 August
- **Poltair Park, St Austell**
Saturday 17 August
- **Town Hall, Launceston**
Saturday 17 August
- **Basset Centre, Camborne**
Saturday 14 September 2024
- **Hayle Recreation Ground, Hayle**
Saturday 14 September 2024
- **Newquay Orchard**
Saturday 21 September

We look forward to seeing you there!

To find out more about the events visit:

<https://www.healthycornwall.org.uk/HealthierTogether>

Lucy Tuson

Director of engagement and communications

NHS Cornwall and Isles of Scilly Integrated Care Board