



MEETING:	Mental Health Partnership Board (MHPB)
DATE:	Thursday, 17 April 2025
LOCATION:	Truro Community Library and via Microsoft Teams

ATTENDANCE (in person)

Name	Position	Organisation
Colin Martin (CM)	Chair of MHPB	Cornwall Council (CC)
Karen Hooper (KH)	Head of Commissioning, Adult Social Care	Cornwall Council (CC)
Tim Godden (TG)	Public Health Registrar	Cornwall Council (CC)
Robert O'Leary (RO)	Partnership Boards Lived Experience Project Officer	Healthwatch Cornwall (HWC)
Jay Thompson (JT)	Partnership Board Administrator	Healthwatch Cornwall (HWC)
Andrew Thomas (AT)	Recovery College Peer Mentor (LE)	Pentreath
Lisa Williams (LW)	Recovery College (LE)	Pentreath
Sam Mekkaram (SM)	Community Advocate	The Advocacy People
Beresford Lee (BL)	CEO	Rice and Peas Community
Wendy Philips (WP)		Community Energy Plus
Anne Oliver (AOL)	Senior Administrator	CN4C
Neil Lindsay (NL)	Lived Experience	-
Anne Ogdel (AOG)	Lived Experience	-



ATTENDANCE (via Microsoft Teams)

Name	Position	Organisation
Chituru Evans (CE)	Tobacco Dependency Counsellor	Healthy Cornwall
Louise	Trustee	Georgia's Voice
Charlotte Parton (CP)	Health & Wellbeing Coordinator	Riverside Support Services
Louise Elphick (LEL)	Counsellor	Stroke Association
Emma Hooper (EH)	Business Manager	Safeguarding Adults Board CIOS
Emma Willey (EW)	Programme of Care Lead	NHS Cornwall and Isles of Scilly Integrated Care Board (ICB)
Kate Menadue (KME)	Project Manager	Pentreath
Henri Sloan (HS)	Social Prescriber	Pentreath, Bodriggy Health Centre
Kate Mutton (KMU)		Pentreath
Sarah Phillips (SP)	Engagement Manager	Cornwall Voluntary Sector Forum
Amanda Lawrence West (ALW)	Governance Lead	Heart of the South Care
Pauline Hardinges (PH)	Lived Experience	-
Abi Davies (AD)	Lived Experience	-
LXI*	Lived Experience	-

* denotes individual with lived experience who wished for their name to be redacted



APOLOGIES

Name
Katy Hutchinson
Nicola Henderson
Carolyn Webster
Chris Kent
Tina Fox
Martha Reed
Paula Chappell
Roxanne Eaves
Hussein Rujak
Sharon Hardy

MINUTES

Item	What was discussed	Action
1.	Welcome, introductions and apologies	
	<p>CM welcomed everyone to the meeting and the virtual attendees were informed that the meeting will be recorded for internal use and asked that members online use the 'raise hand' function if they wished to speak.</p> <p>Expectations regarding meeting etiquette were outlined.</p> <p>There were "round table" introductions and CM read out apologies received, as detailed above.</p> <p>RO read out the actions from the previous meeting.</p>	



2.	Mental Health Partnership Board – Co-Chair Recruitment	
	<p>CM informed the board he would not standing for re-election as a Cornwall Councillor and thus would no longer be the chair of the Mental Health Partnership Board.</p> <p>JT from Healthwatch Cornwall introduced the Co-Chair role to the board through a PowerPoint presentation.</p> <p>JT highlighted the various aspects of being a Co-Chair, such as:</p> <ul style="list-style-type: none"> • Main Co-chair Activities • Personal Qualities and Skills of a Co-chair • What will you benefit from being a Co-chair <p>JT requested a discussion regarding how a Co-Chair would be elected, proposing a nomination process as a potential direction, suggesting Nominees partake in a 'Q&A'.</p> <p>Many of the board members agreed that doing a personal summary or Q&A could be quite daunting for someone who may be anxious to do public speaking. CM agreed although stated that a Co-chair would have to be comfortable to speak in front of a group. AT from the Recovery College, Pentreath explained that they often do courses that explore gradually giving people confidence to speak publicly and thus it would be possible to be as accommodating as possible to someone who may be anxious.</p> <p>A new nomination process was proposed to accommodate concerns regarding public speaking:</p> <ol style="list-style-type: none"> 1) Private nominations either on paper or electronically 2) Nominees are contacted privately to confirm their interest 3) An interview is held with a panel of the Partnership Board team at Healthwatch Cornwall, the Cornwall Council Elected Co-chair, a lived experience board member and a service provider board member 4) The results are shared via Email and the board is informed at the following Partnership Board meeting. <p>CM informed the board that another way one would become more comfortable in the role would be through Chairing the smaller working groups that are expected to take shape between future</p>	<p>HWC to share co-chair nominations and co-chair job role documents</p>



	<p>meetings. The working groups are typically smaller in attendance and are less formal than a Partnership Board meeting.</p> <p>The board agreed with the new proposition for the nomination process, with PH and ALW offering to be the lived experience and service provider representative respectively.</p> <p>CM proposed an agenda change, with TG presenting after the break rather than before it. This means the board can enter the workshop also led by TG immediately without interruption.</p>	
10-minute break		
4	<p>Cornwall Council – Cornwall and Isles of Scilly Prevention Framework: <i>A preventative Approach to Mental Health</i></p>	
	<p>TG from Cornwall Council gave a presentation regarding the Cornwall Council Prevention Framework regarding mental health.</p> <p>TG outlined the importance of prevention, particularly in relation to mental health and accessing mental health services. ‘Prevention’ pertains to ensuring people remain healthy and happy, eradicating the need for as many individuals to access mental health services and thus relieving overall pressure experienced by those services.</p> <p>The prevention framework focusses on three steps:</p> <ul style="list-style-type: none"> • Preventing issues – Such as keeping people happy and healthy (being active, positive diet) • Reducing treatment – by early detection and intervention • Delaying the need for care – by promoting independence and decreasing impact of ongoing long-issues <p>TG asked the board if they had any questions or thoughts.</p> <p>PH mentioned that Carers try to live an independent and happy life, however carers often ‘live through the person they are caring for’ and that this can cause depression. There are not enough respite services in Cornwall to prevent carers from reaching a ‘breakdown stage’. AOG agreed with PH.</p> <p>CM themed these concerns by stipulating that it is important for money and funding to be allocated to carers and respite services to promote prevention of reaching ‘break down’ or depression.</p>	



	<p>PH added that Carers Allowance is revoked once a carer reaches pension age and receives state pension.</p> <p>BL from Rice & Peas Community remarked that 'a little money can go a long way'. BL stated that support for rural communities is often overlooked particularly that of rural black communities. BL stated that the promise of even a small amount of funding would give people the confidence that small rural support projects can continue.</p> <p>On the topic of funding allocation, WP from Community Energy Plus stated that she works with people in mental health crisis who are unable to heat their homes and having a cold, damp house often negatively impacts the mental health of individuals. TG agreed that this is a concern, and where money is being allocated should be reviewed.</p> <p><i>The presentation showed to the board will be distributed in conjunction with these minutes.</i></p>	
5	Group Workshop – Prevention	
	<p>TG introduced a workshop where individuals see how their organisation or lived experience can align with the Prevention Framework (outlined in Item 4). The room disbanded into two groups and RO facilitated a discussion with those online.</p> <p>IN-ROOM DISCUSSION</p> <ul style="list-style-type: none"> • Pentreath Recovery College – explores reducing by providing courses that promote resilience. • The room also discussed generally regarding what support is offered and how is that support provided to people. Additionally, to promote delaying the need for care, the group expressed the importance of ensuring those in crisis can retain vital information, which can often not be the case 	



	<p>ONLINE DISCUSSION</p> <ul style="list-style-type: none"> • Georgia's Voice – focusses on prevent, however their work covers prevent, reduce and delay. They also build connections within schools to promote prevention as well as support groups which focus on reduction and delay of complex cases • Pentreath – Age UK Community Gateway can promote prevention. • Voluntary Community Social Enterprise Sector (VCSE) Many groups will span all three aspects of the prevention framework, of which VCSE will aim to support all aspects of the framework. 	
6	Working Group – Discussion	
	<p>Due to time constraints, this item was postponed to the next meeting in Bodmin Shire House on 17th July 2025.</p> <p><i>The PowerPoint presentation related to the Working Group will be distributed in conjunction with these minutes.</i></p>	HWC to share Working Group Powerpoint

The meeting dates for calendar year of 2025:

- Meeting 2: 17th April Truro Library 1:30pm – 3:30pm
- Meeting 3: 17th July Bodmin Shire House 1:30pm – 3:30pm
- Meeting 4: 23rd October Trethorne Golf Club 1:30pm – 3:30pm