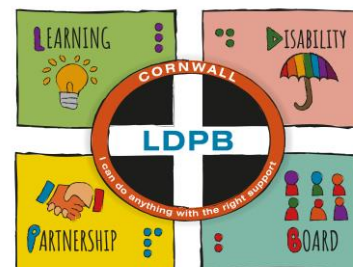


MEETING NOTES:	Meeting of the Learning Disability Partnership Board
DATE:	Thursday, 28 November 2024
LOCATION:	Truro Library, and on Microsoft Teams

ATTENDANCE

Name	Position	Organisation
Robert O'Leary (RO)	Partnership Boards Lived Experience Project Officer	Healthwatch Cornwall
Jay Thompson (JT)	Work Placement	Healthwatch Cornwall
Neil Carpenter (NC)	Advocate	Cornwall People First
Shelagh Mitchell (SM)	Healthy Cornwall Team Lead - Health Inequalities and Champs Team Manager Healthy Cornwall	Champs and Healthy Cornwall
Francesca (F)	Self-Advocate	The CHAMPS
Karl Smith (KS)	Contracts and Performance Manager	Healthwatch Cornwall
Ben Uren (BU)	Work Placement	Healthwatch
Gary Dymott (GD)	Community Connector (Bude)	
Vikki Allen (VA)	Strategic Commissioning Lead for Learning Disability and Autism, Working Age Adults Services.	Cornwall Council
Karen Hooper (KH)	LD and Vulnerabilities Specialist	SW Ambulance Service
Jo Cope (JC)	Disability Employer Advisor	Jobcentre Plus
Laura Keeper (LK)	Self-advocate, service user (BDS) and Trustee (CPF)	Blantyre Day Services & Cornwall People First
Hannah Welch (HW)		SWAS
Mary Fuller (MF)	Lived experience	DIVAS
Dina Holder (DH)	Community Engagement Manager / Divas Facilitator	The Women's Centre Cornwall
Ebony Rose Thomas (ERT)	Self-Advocate	Citizen Checkers
Jane Rees (JR)	Manager Cornwall Hospitals Learning Disability & Autism Team	NHS Trust



Name	Position	Organisation
Lorraine Corrigan-Turner (LCT)	Community Partner, Bude and Launceston	MENCAP
Anthony Dunn (A)	Peer Advocate and Lived Experience Lead	Citizen Checker
Wayne Williams (WW)	Self-Advocate	Mid-Cornwall Hub
Ryan Sturgess (RS)	Lived Experience	
Steve Dymond (SD)	Self-advocate and Community Promoter	Healthwatch Cornwall
John Gilbert (JG)	Data and Administration Officer	Healthwatch Cornwall

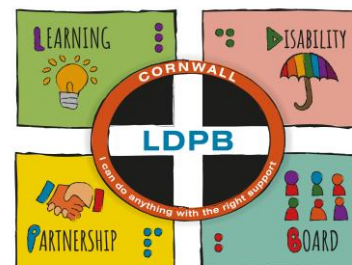
APOLOGIES

Name	Position	Organisation
Sandra Ward (SW) (stand-in Chair) Director of Parent	Parent carer of a young adult with profound and multiple intellectual disabilities, Director of Parent Carers Cornwall and Chair of Carers Partnership Board	
Jo Pike (JP)	Screening Liaison Nurse	Primary Care Liaison Team Cornwall Partnership NHS Foundation Trust

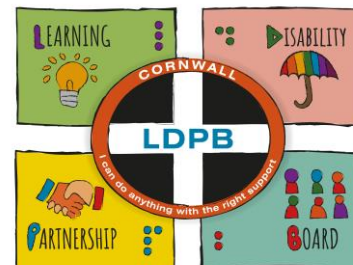
ACTIONS AGREED AT MEETINGS

Action	Responsible	Status
Minutes will be distributed at two weeks. They will be reviewed by board members and published onto the website after the third week.	KS	
Jan/Feb 2025 Cornwall Council and ICB will attend the next LDPB. The discussion will be around co-producing a Learning Disability Strategy.	VA	
HW and JR to be put on the distribution list for agenda and documents.	RO	
Set up a working group to ensure that further supportive words are used in the mission statement and charter.	CHAMPS Team and Citizen Checkers	
JT to design and create short survey to send out in the new year.	JT (HWC)	

Item	What was discussed	Action
1.	Welcome, introductions and apologies	
	<p>RO welcomed everyone to the last board of 2024 and advised that the meeting was being recorded for minute taking purposes. Permission would be sought from individuals if it was to be shared beyond the meeting.</p> <p>RO explained that SW was unable to Chair the meeting, and he would be standing in as Chair.</p> <p>RO ensured that everyone understood the meeting etiquette and how to contribute to the meeting if they had joined online.</p> <p>RO invited everyone present to introduce themselves.</p> <p>Apologies were received, as detailed above.</p>	
2.	Minutes of and actions from the meeting held 5 September 2024	
	<p>KS noted that the previous meeting minutes are under review and will be republished to ensure that everyone's voices are heard. Going forward, two weeks after the meetings, minutes and easy reads will be written and distributed to everyone. There will be a further week for everyone to review. The minutes will then be published on the website after the third week of the meeting.</p> <p>A' had explained that many people on the board had learning disabilities and would not understand what KS had said. The board had been set up by people with disabilities and it should have a co-chair.</p> <p>KS reassured everyone that now that he had come into post, moving forward Healthwatch was hoping to listen more closely to people with lived experience and that he was now working on the job roles for the co-chair. Recruitment to start in the New Year.</p> <p>WW said that everybody who has a disability, no matter what disadvantages they may have, have something to say though it</p>	<p>Initial Minutes will be distributed within two weeks. They will be reviewed by board members and published to the website three weeks of the meeting.</p>



	<p>may not be easy for them to say it.</p> <p>The notes of the previous meeting were confirmed and being reviewed by KS.</p>	
3.	Updates From Members and Commissioning	Actions
	<p>DIVAS</p> <p>DH said that the DIVAS had done a joint webinar with the Highbury Trust who work with learning disabilities across Plymouth and with Link Up from Devon. Both of those organisations provide group work sessions and advocacy. The DIVAS talked about barriers.</p> <p>MF explained to the webinar how hard it was for her to get access to services and help.</p> <p>DH said that the DIVAS had also attended the Leeds National Rape Crisis Conference and talked to 60-70 people. MF said that the feedback that they got was brilliant. People said that they really wanted to come to Cornwall to see how we are doing.</p> <p>DH agreed with A that the board needed to be slightly different but realised that there was going to be a conversation about that. The DIVAS find some of the venues—particularly Truro Library—particularly hard. It is particularly difficult in terms of parking for people who have not got much mobility, and the cobblestones are not great. It would be good to find somewhere more accessible.</p> <p>MF said that on Monday they had their first peer group, and it went well. They had talked about setting up a group agreement and Heather, showed a relaxation technique. Many new women attended. Some were shy but they did a CAT check in which went well.</p> <p>DH and MF said that they would continue to ‘big up’ Cornwall and want to be part of the change. Next year they have a Healthy Relationships group starting.</p> <p>RO said he had managed to secure St. Erme Community Centre for all the Partnership Boards for Learning Disabilities. They will all happen on a Tuesday. Times to be confirmed.</p>	<p>Next year the venue for all Partnership Board meetings will be on a Tuesday at St Erme Community Centre.</p>



DH said that the Tuesday was not the best day for the DIVAS.

RO said that it was difficult to agree the venue dates with everyone and apologised that it may not meet with some peoples' requirements. He aims to accommodate as many Lived Experience and organisations as possible.

KS confirmed that the provisional dates for next year's partnership boards have now been made and will be sent out with the minutes.

SM questioned the timing of the meetings. Afternoon meetings can cause problems with transport, people getting home afterwards.

RO said that the likely time will be slightly earlier at 1.00pm-3.00pm. Hopefully that will enable people to travel.

MF said that much of what was in that statement was gobbledegook and that, while the values had been agreed, the statement needs to be made easier reading and make sure we have all talked about what they mean.

DH said that it was difficult to do with a big group, with some people there and some online. It might be better to bring some people together to do some work around it.

4.	Cornwall Council (CC) - Working Together: A Learning Disability Strategy for Cornwall	
	<p>VA said that what Cornwall Council and the ICB would like to come to a future LDPB at the start of 2025 to talk about how to work together to co-produce a learning disability strategy. VA's team is currently working hard on an autism strategy and that needs to be completed before they can start on the learning disability strategy.</p> <p>The learning disability strategy will be a joint, integrated strategy involving health, community, people with lived experience and the voluntary sector.</p> <p>The council will present its ideas, will engage and find ways to work together to shape the strategy.</p> <p>The board agreed.</p>	<p>Jan/Feb Cornwall Council and ICB will come to LDPB to discuss working together to produce a learning disability strategy.</p>
5	Charter and Mission Statement	
	<p>RO said that item 5 would be discussed before, rather than after, the scheduled break. This is an important piece of work following on from the meeting at St Erme. This is about agreeing the charter and the mission statement.</p> <p>KS asked if there was anyone not on the mailing list and who had not received the documents and agenda.</p> <p>HW and JR responded that they were not on the distribution list and like to be added.</p> <p>RO recapped what was discussed at the previous meeting at St Erme. It was themed around the charter and mission statement. At this meeting the Citizen Checkers asked, 'what matters to you most?' At that meeting a microphone was provided to people to have their say.</p>	<p>HW and JR to be put on the distribution list for agenda and documents.</p>

There were several people whose voices had not been heard before and whose views were important to forming the charter and mission statement. People said that they wanted to be 'listened to'.

RO said that what WW had said about everybody having equal 'respect' within the Partnership Board for each other. Good to see people abiding by that.

RO item 3 is around 'Purpose' and that the Board is led by people with learning disabilities and that has been clearly stated by people with lived experience here today and that we all need to work harder to make sure that is achieved. 'Achievement'; what achievement look or feel like for someone with a learning disability.

'Sharing knowledge'; how we share knowledge, what kind of knowledge we share, what people expect. 'Kindness', which was again just shown in the room. 'Trust', 'Inclusion'; that everybody is welcome.

VA added that some of the words in the mission statement are hard, complicated, words and it would be useful to do some work around making sure everyone knows that the statements mean. RO agreed and asked whether, for instance, there was a better word for 'achievement'. NC suggested that 'What we have done well' could be used to replace 'achievement'.

HW suggested exploring the use of words in the mission statement to make sure they are understandable by everyone.

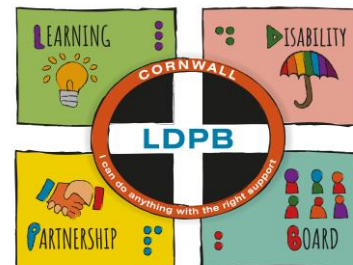
Everyone agreed that a small group needs to be formed to ensure that everyone understands the words in the statement.

KS said that the work that had already been done is positive. Further words may need adding ready for the next meeting.

WW said that the group just needed to make sure that the words made sense ready for next year.

NC asked if the CHAMPS were going to be involved.

Set up a working group to ensure that the right words are used in the mission statement and charter.



	<p>RO replied that they would, as well as Citizen Checker, Mid-Cornwall Health and the DIVAs. The working group will be led by the people with lived experience.</p> <p>NC offered to be part of the working group.</p> <p>LC suggested that 'Purpose' should instead be 'what we want to do'.</p> <p>VA said that it would be great for the experts to look at the words for the mission statement.</p> <p>NC asked if VA would be involved. VA replied that she was not sure she would as her team will be working on other things for the board and that people with learning disabilities are the experts with the knowledge to help get the words right.</p> <p>LC said that she could help with anyone near to her in Bude and Launceston areas</p> <p>The Board had a 10-minute comfort break.</p>	
6	Draft Work Plan and 7 Keys to Citizenship	
	<p>RO explained that the meetings moving forward would be themed around the 7 Keys to Citizenship and that was from the book launch at the Eden Project. In Feb 2025 – the next meeting theme would be around Freedom.</p> <p>The group were asked to think about what Freedom means to individuals but also how it relates to health and the health system.</p> <p>KS said that although there was a plan to have themed discussions how they happened would depend on what everyone on the board wanted.</p> <p>It was agreed that Freedom would be the topic of the first meeting in 2025.</p>	

RO suggested that people in the room split into groups and write down on large sheets of paper how they defined freedom whilst those online could take part using the chat function.

The chat was opened, and the meeting OWL was muted.

The board split into small groups for discussion for 20 minutes.

When the board came back from their group discussions, RO asked around the room what the groups had discussed.

Each group selected a spokesperson to outline the main key points they had discussed.

LK read out her group's ideas: "You have to work with other people; choosing what you want to do or when you want to do it and which part; communication; information and choices".

F read out her group's ideas: "You can choose what you want to support you; meet people; do your own thing; the right to choose where you live; live life well; do things in your own community; be who you are; freedom of speech; freedom to work; freedom to have a relationship; freedom to live a useful life; be healthy; freedom not to die earlier than other people; to be active; to go out to night clubs; freedom to find joyfulness and fun; and freedom to dance".

RO read out a few of the online comments: freedom to identify as a resident of Cornwall who have learning disabilities, freedom to be yourself so you don't have to pretend, the right to speak and be heard, to make good or bad choices, to think and feel as you want when you want, freedom is speech, worship, fear and want; freedom allows people to build lives of meaning and purpose the other keys can then build on this and give s meaning to more specific keys such as money, home, help, life, love and purpose. The DIVAs would say freedom from abuse, domestic abuse affects emotional, psychological and physical health, they want to help people to have healthy relationships and to recognise unhealthy relationships.

VA asked about future agenda items.

At the end of the February session, when we've done the workshop

about Freedom, should we starting thinking and working like we did today about the next key that we are going to focus on in the March/April one so that we follow this format so that everybody is really clear on how we are going to tackle the next forward plan item at each Partnership Board meeting.

VA's suggestion was adopted by the Partnership Board.

RS said that sometimes it is difficult to wrap the brain around conversations and that he prefers smaller groups as people are talking over each other.

RO asked RS if he preferred St Erme meeting where they had tables where someone goes around with a microphone. RS said yes. RO said that they can still go around with microphone, but they would focus on one of the keys.

It was highlighted that the timing of the meetings were too late for people. Some members need to get back to their day centres and it gets very busy on the traffic.

RO said that the meetings are for 2 hours so could potentially start at 11am and finish at 1pm. Would people be willing to bring their own lunch? We will look at whether we can do the meetings earlier.

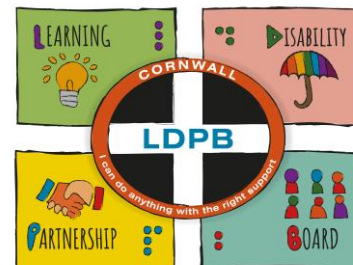
The Board agrees that the venue works but they need to look at the timing. RS sought assurances that everyone would be able to feed back with their opinions about the timing options. RO to go back to the venue and provide a way for everyone to feedback on the time, maybe in a short survey.

HWC to design and send out a survey to identify reasons why people are unable to attend.

A said that the board needed to renew the input from schools, college and other people to be involved with the board. There are loads of people out there in Cornwall who could be involved.

DH said that there are lots of people with lots of different

JT to design and create short survey to send out in the new year.



	<p>experiences and that the DIVAs along with other groups could offer to take a lead on a couple of things. In Devon they have a meeting before each Board meeting to prepare for it so that everyone can participate more equally. We need to look at how we support people to come to the board. If Freedom is about getting out and having your voice heard how do we help people to do that.</p> <p>A stressed the importance of graphics in helping people to understand things.</p> <p>LK offered to help with the graphics.</p>	
7	AOB	
	<p>RO invited any other business.</p> <p>NC highlighted Healthy Cornwall's campaign to 'Improve Your Health Your Way' in which you can either take part in a 6-week Fun Exercise Program or A 6-Week Healthy Cooking Course. A poster is available and more details can be obtained from hazel.smith@cornwall.gov.uk.</p> <p>The date of the next meeting will be Tuesday 25th February 2025 at St Erme Community Centre. Times TBC. All dates for next year will be circulated before Christmas.</p> <p>RO thanked everyone for attending today and wished everyone a happy, healthy and safe Christmas and New Year.</p> <p>The meeting closed at 4.00pm.</p>	