

## Youth Champion Volunteer



### Who are Healthwatch?

Healthwatch Cornwall [HC] is the consumer champion of adult and children's health and social care in the county. It listens to the experiences people have of local publicly funded care, whether positive or negative, and uses this evidence to help inform and influence the people who plan and run of services.

### What does the role involve?

We are keen to connect with more young people across Cornwall and encourage them to share their experiences of health and social care services and what is important to them. Volunteering as a Youth Champion for Healthwatch Cornwall you will be key in helping to arrange opportunities for your peers to get involved and have their say. You may support staff with;

- talking to young people and promoting the work of Healthwatch Cornwall positively
- listening to young people's stories and recording their feedback
- arranging events and drop-ins at your college
- providing information and signposting to young people (training and support will be provided)
- actively taking part in ad hoc forums, meetings and training
- you will always be accompanied by a member of staff while volunteering.



### What will you get out of it?

Healthwatch Cornwall will support you to fulfil, and feel confident in, the role of Youth Champion Volunteer by providing opportunities to:

- broaden your knowledge of the health and social care sector
- attend training
- gain valuable voluntary experience
- build your confidence and communication skills
- have fun and be apart of a great Healthwatch network
- get a personal reference for future opportunities
- share the important views and opinions of your peers
- make a difference!



### Skills needed:

- be friendly, a good listener with good communication skills
- be empathic, respectful and non-biased
- able to maintain confidentiality and data protection
- able to take legible notes and provide feedback
- be a team player, open to sharing information, ideas and learning.



### Commitment to volunteering



To be a HC Youth Champion we expect a good level of commitment to the role. Once you have completed the induction, we would like you to commit to a minimum of 6 months volunteering. Ideally, we would like you to volunteer regularly, at least once a month at an event or drop in which we will pre-arrange with you.

There will be ad hoc HC opportunities we would love you to support. For example, helping to organise or be a part of specific projects or forums to connect with young people.

Healthwatch Cornwall will pay reasonable travelling expenses - please see separate Volunteer Expenses Policy for further details.

All these arrangements are binding in honour only and not intended to be legally binding as this is a voluntary role. The involvement of all parties is based on good will and trust.

### Recruitment Method:

Simple application form, Informal Interview, Reference, Induction and Trial Period.

### Contact Information:



**Rhiannon Pring**  
**Volunteer Development Officer**  
**Email:** [rhiannon.pring@healthwatchcornwall.co.uk](mailto:rhiannon.pring@healthwatchcornwall.co.uk)  
**Phone:** 01872 273501  
**Address:** 6 Walsingham Place, Truro TR1 2RP  
**Web:** [www.healthwatchcornwall.co.uk](http://www.healthwatchcornwall.co.uk)