



Education, Health and Social Care Getting the right support – Care and Support Planning

If you have eligible social care needs, you will have been given a suggested (we call this 'indicative') budget and you can begin to plan the support you need, to meet your eligible social care needs. The Care and Support Plan is your plan of action, and for you to say what kind of care and support you would like and how you would like spend your personal budget, to meet your eligible needs

Your plan will tell us:

- How you would like your support arranged from your suggested budget.

Care can be:

- At home,
- In the community,
- In a residential or nursing home.

What does the support plan tell Adult Care?



- How the support will meet your assessed eligible social care needs.
- How anything, that is meeting an assessed eligible social care need, is arranged.
- Any risks which need to be managed and what carers giving support need to know.
- Any social care needs which may be helped through activities or support in the local community.
 - There is a web based community directory to help www.communitydirectory.cornwall.gov.uk
- Who will manage the budget and how:
 - Direct Cash Payment (you organise)
 - Commissioned by the Council (we organise your support)
 - A mixture of both.

The Care Act – Fact Sheet 7

How do you support plan?




You can ask Education, Health and Social Care for a guide about what to include and a blank Care and Support plan form to fill in or you can design your own Care and Support plan. There is a timetable to use to plan the week, and a budget planning page to show the cost. This is available at online at www.cornwall.gov.uk. Your plan can include drawings, photographs, voice recording, or be a short CD or DVD. If you already have a person-centred plan this may help you with your Care and Support plan.

If you are interested in organising your own care you could have a direct payment



A direct payment allows you to make your own support arrangements. You would set up a bank account, which we pay into every 4 weeks and you organise your own support. You can ask for more information about employing your own Personal Assistants by contacting the Direct Payments Advice Team.

 **01872 324357** or directpaymentsadviceteam@cornwall.gov.uk

If you want the council to help to organise your care:


It is really important we are clear about your budget plans and you give us a weekly timetable and cost plan.

This is required by the staff called 'Support Brokers' to set up a service managed by Education, Health and Social Care, a direct cash payment or a mixture both.

Planning for an emergency

This is about deciding what you would need in an emergency and if there is someone to help short term. It may not cost any money, but you may need to pay for up to 3 day's support, record how much this will cost.

What happens next?

When your Care and Support Plan is agreed we can help you set it up. Then you can get on with your life. We will make sure it is all working in a few weeks, but you can contact us if anything changes:  **0300 1234 131** or email – accessteam.referral@cornwall.gov.uk