



Department
of Health



Getting the right care and support for you

An Easy Read summary of the Care Act



Getting the right care and support for you



Care and support is changing and is getting better.



The changes will happen from April 2015 all over England.

Care Act

They are part of the new **Care Act**.



Care and support means help with things like:

- Washing
- Dressing
- Eating
- Getting out and about
- Keeping in touch with friends and family



These changes could help you if you:

- Get care and support at home, or
- Live in a care home



What is changing?



All councils will use the same list of needs to decide what help they can give you.



This means if you move to a different part of the country, you will still get the care and support you need.



You will have more control over decisions and what care and support you get.



You may be offered help from someone independent. This person is called an **advocate**.



Everyone's needs are different. We can help you find a local group or activity to support you.



Do you help to care for someone?



Many people support an adult family member or friend unpaid.



A **carer's assessment** can help you decide what support you need to carry on caring and stay well.



The assessment will look at:

- How caring affects you
- How you can carry on doing what is important to you and your family



We might offer you:

- Money to spend on things that make caring easier



- Support to have a short break



Help with the cost of your care



We will let you know if you need to pay towards your care costs and how much. This is called a **financial assessment**.



If you own your home and need to move to a care home, we may help to pay the bills for you.



You can pay us (the Council) back when you decide to sell your house or after you die. This is called a **deferred payment agreement**.



You should speak to an **independent financial adviser** to find out more about your choices and what is best for you.



£72,000

From April 2016 you should not have to pay more than £72,000 towards your care costs. This is called the **care cap**.



2015

The government has not agreed the details yet, so we cannot tell you more about this until the autumn.



Find out more



The government has made Easy Read leaflets about each of the changes. You can read them at:

www.cornwall.gov.uk/careact



You can find help and support for you on the Cornwall Community Directory:

www.communitydirectory.cornwall.gov.uk

To find out more about the Care Act and how it may affect you:



- Call the helpline on **01872 322861**



- Email **adultcare@cornwall.gov.uk**

If you would like this information in another format or language please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY

Tel: 0300 1234 131

Email: adultcare@cornwall.gov.uk

www.cornwall.gov.uk

